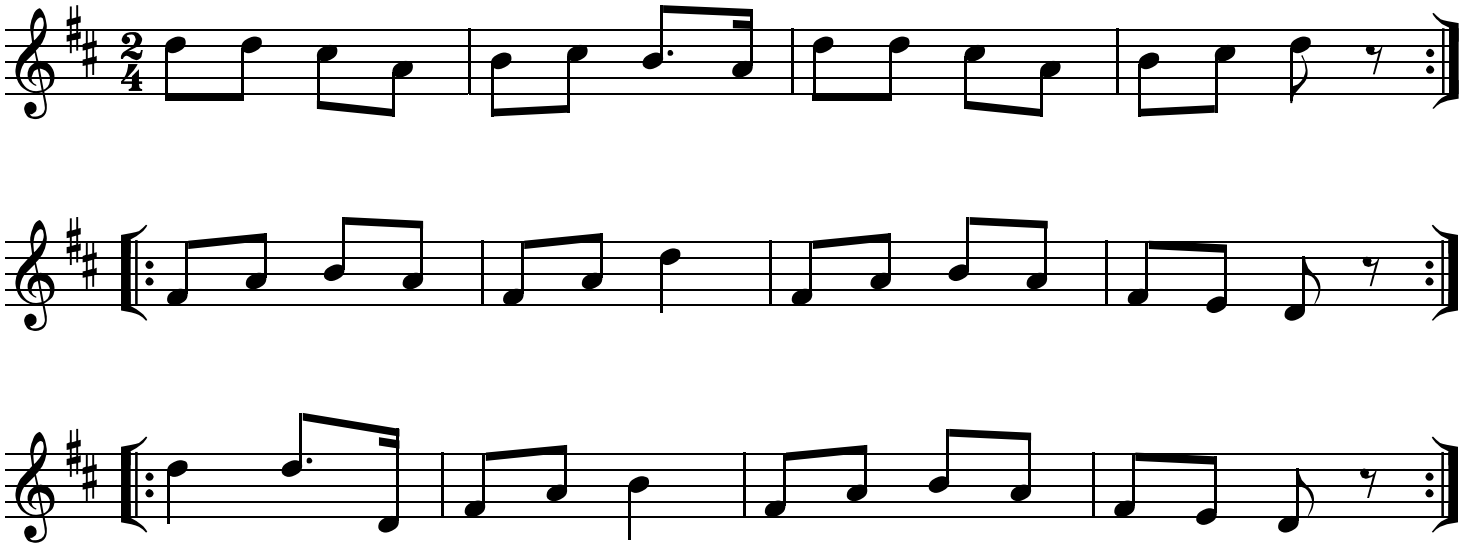Prenez Plaisir